## RC Competes 2023 HSP STUNTS & PYRAMIDS - <u>All Girl/Co-Ed</u> Show Category



LEVEL: Beginning Intermediate Advanced

STUDIO/GYM \_\_\_\_\_\_ CLASS: Tiny Mini Junior Senior Elite Adult Adaptive

Difficulty			Execution		TOTALS
<ul> <li>BEGINNING</li> <li>Below Prep Level Two Footed Stunts</li> <li>Below Prep Level One Footed Stunts</li> <li>Two Foot Prep Level</li> <li>Shoulder Sit</li> </ul>	<ul> <li>3+ Checks = 4 pts.</li> <li>2 Checks = 3 pts.</li> <li>1 Check = 2 pts.</li> </ul>		All categories are base (majority = half (50%) or f Total Team Members Majority = Group Stunts = Single Base Stunts =	nore of the	
* STOPES	<ul> <li>3+ Checks = 7 pts.</li> <li>2 Checks = 6 pts.</li> <li>1 Check = 5 pts.</li> </ul>		<ul> <li>Notes</li> <li>PERFECTION OF SKILL</li> <li>Proper Technique, Synchronization and</li> </ul>		
<ul> <li>ADVANCED</li> <li>Straight Up to Single Leg</li> <li>Switch Up to Prep Level</li> <li>Half Up to Extension</li> <li>Single Base Prep Level</li> <li>Switch Up to Single Leg Extended</li> <li>Basket With 1 Skill</li> </ul>	<ul> <li>3+ Checks = 10 pts.</li> <li>2 Checks = 9 pts.</li> <li>1 Check = 8 pts.</li> </ul>	10	<ul> <li>Spacing</li> <li>Clean Transitions</li> <li>Incorporation of Co-Ed Skills if Applicable.</li> </ul>	15	25
<ul> <li>BEGINNING = 1 pt.</li> <li>Braced structures from the beginning stunt box with or without level changes or transitions.</li> <li>INTERMEDIATE = 3 pts.</li> <li>Braced structures from the intermediate stunt boxes with level changes or transitions with minimum number of flyers. (example: 5 flyers, use only 2)</li> </ul>			<ul> <li>Technique</li> <li>Structures</li> <li>Braced Structures</li> <li>2 or MORE Transitions</li> </ul>		
<ul> <li>ADVANCED = 5 pts.</li> <li>Two or more transitions and structures from the advanced stunt box with majority of top girls involved in advanced skills or transitions.</li> </ul>		5	□ Execution	10	15
*See GENERAL RULES for SHOWCASING information. **NO SHOWCASING Allowed in Pyramids.					SUBTOTAL
Judge's Signature Tabulator's Signature			Showcasing Deduction SUB SCORE		