RC Competes 2023 HSP STUNTS & PYRAMIDS - <u>All Girl/Co-Ed</u> Show Category



LEVEL: Beginning Intermediate Advanced

STUDIO/GYM ______ CLASS: Tiny Mini Junior Senior Elite Adult Adaptive

Difficulty			Execution		TOTALS
 BEGINNING Below Prep Level Two Footed Stunts Below Prep Level One Footed Stunts Two Foot Prep Level Shoulder Sit 	 3+ Checks = 4 pts. 2 Checks = 3 pts. 1 Check = 2 pts. 		All categories are base (majority = half (50%) or f Total Team Members Majority = Group Stunts = Single Base Stunts =	nore of the	
* STOPES	 3+ Checks = 7 pts. 2 Checks = 6 pts. 1 Check = 5 pts. 		 Notes PERFECTION OF SKILL Proper Technique, Synchronization and 		
 ADVANCED Straight Up to Single Leg Switch Up to Prep Level Half Up to Extension Single Base Prep Level Switch Up to Single Leg Extended Basket With 1 Skill 	 3+ Checks = 10 pts. 2 Checks = 9 pts. 1 Check = 8 pts. 	10	 Spacing Clean Transitions Incorporation of Co-Ed Skills if Applicable. 	15	25
 BEGINNING = 1 pt. Braced structures from the beginning stunt box with or without level changes or transitions. INTERMEDIATE = 3 pts. Braced structures from the intermediate stunt boxes with level changes or transitions with minimum number of flyers. (example: 5 flyers, use only 2) 			 Technique Structures Braced Structures 2 or MORE Transitions 		
 ADVANCED = 5 pts. Two or more transitions and structures from the advanced stunt box with majority of top girls involved in advanced skills or transitions. 		5	□ Execution	10	15
*See GENERAL RULES for SHOWCASING information. **NO SHOWCASING Allowed in Pyramids.					SUBTOTAL
Judge's Signature Tabulator's Signature			Showcasing Deduction SUB SCORE		