## 2023 JUMPS, TUMBLING & DANCE JR HIGH/MIDDLE - All Girl/Co-Ed Show Category

SCHOOL			

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Difficulty			Execution		TOTALS	
JUMPS	STANDARD (1 pt.)  Single Toe Touch SUPERIOR (2 pts.)  Double Toe Touch ELITE (3 pts.)  Two Consecutive with Variety		<ul> <li>Notes</li> <li>Proper</li> <li>Technique, Form</li> <li>and Height</li> </ul> Synchronization	5	8	
Three Consecutive of the Same  *Must do Standing AND Running Tumbling to get your difficulty max. **If					8	
you have skills from multiple levels, the highest point value will be awarded when the skill is at the same time and in the same phrase.						
	STANDARD (1 pts. max)  Running Cartwheel Running Back Handspring Roundoff SUPERIOR (3 pts. max) Running Handspring(s) into Tuck					
GROUP RUNNING TUMBLING	☐ Running Handspring(s) into Layout		➤ Notes			
	☐ Cartwheel into Tuck ☐ Roundoff Tuck  ELITE (5 pts. max) ☐ Running Tumbling into Full	5	Proper Technique and Form			
	☐ Cartwheel into Full					
GROUP STANDING TUMBLING	STANDARD (1 pt. max)  Back Walkover Front Walkover Standing Cartwheel  SUPERIOR (3 pts. max) Standing Back Handspring Standing Tumbling into Tuck Standing Tuck		☐ Synchronization			
	ELITE (5 pts. max) ☐ Standing Tumbling into Full	5		5	15	
	☐ Level Change and Two or More Formations☐ Change of Pace		➤ Notes  □ Synchronization			
	☐ Creativity	4	☐ Technique			
DA	All categories are based on <b>MAJORITY</b> (majority = half (50%) or more of the team)	☐ Sharpness				
Total # of Team Members			☐ Body placement	3	7	
Judge's Signature						
Tabulator's Signature			SUB SCORE			