


# JUMPS, TUMBLING & DANCE - All Girl/Co-Ed Show Category

SCHOOL \_\_\_\_\_

CLASS: 6A 5A 4A 3A 2A 1A

		Difficulty	Execution	TOTALS	
<b>JUMPS</b>	<b>STANDARD (1 pt.)</b> <input type="checkbox"/> Single Toe Touch <b>SUPERIOR (2 pts.)</b> <input type="checkbox"/> Double Toe Touch <b>ELITE (3 pts.)</b> <input type="checkbox"/> Two Consecutive with Variety <input type="checkbox"/> Three Consecutive of the Same	<b>3</b>	➤ <i>Notes</i> <input type="checkbox"/> Proper Technique, Form and Height  <input type="checkbox"/> Synchronization	<b>5</b>	<b>8</b>
	<i>*Must do Standing AND Running Tumbling to get your difficulty max. **If you have skills from multiple levels, the highest point value will be awarded.</i>				
<b>GROUP RUNNING TUMBLING</b>	<b>STANDARD (1 pts. max)</b> <input type="checkbox"/> Running Back Handsprings <input type="checkbox"/> Round Off Tuck <b>SUPERIOR (3 pts. max)</b> <input type="checkbox"/> Running Tumbling into Tucks <input type="checkbox"/> Running Tumbling into Layouts <b>ELITE (5 pts. max)</b> <input type="checkbox"/> Running Tumbling into Fulls	<b>5</b>	➤ <i>Notes</i> <input type="checkbox"/> Proper Technique and Form  <input type="checkbox"/> Synchronization	<b>5</b>	<b>15</b>
	<b>STANDARD (1 pt. max)</b> <input type="checkbox"/> Standing Back Handsprings <input type="checkbox"/> Standing Tumbling into Tucks <b>SUPERIOR (3 pts. max)</b> <input type="checkbox"/> Standing Tucks <input type="checkbox"/> Standing Tumbling into Layouts <b>ELITE (5 pts. max)</b> <input type="checkbox"/> Standing Tumbling into Fulls	<b>5</b>			
<b>GROUP STANDING TUMBLING</b>	<input type="checkbox"/> Level and Two or More Formation Changes <input type="checkbox"/> Change of Pace <input type="checkbox"/> Creativity	<b>4</b>	➤ <i>Notes</i> <input type="checkbox"/> Synchronization  <input type="checkbox"/> Technique  <input type="checkbox"/> Sharpness  <input type="checkbox"/> Body placement	<b>3</b>	<b>7</b>
	All categories are based on <b>MAJORITY</b> (majority = half (50%) or more of the team)   <b>Total # of Team Members</b>				
Judge's Signature			<b>SUB SCORE</b>		
Tabulator's Signature					