


2023 JUMPS, TUMBLING & DANCE - All Girl/Co-Ed Show Category

SCHOOL _____

CLASS: 6A 5A 4A 3A 2A 1A

		Difficulty	Execution	TOTALS	
JUMPS	STANDARD (1 pt.) <input type="checkbox"/> Single Toe Touch SUPERIOR (2 pts.) <input type="checkbox"/> Double Toe Touch ELITE (3 pts.) <input type="checkbox"/> Two Consecutive with Variety <input type="checkbox"/> Three Consecutive of the Same	3	➤ <i>Notes</i> <input type="checkbox"/> Proper Technique, Form and Height <input type="checkbox"/> Synchronization	5	8
	<i>*Must do Standing AND Running Tumbling to get your difficulty max. **If you have skills from multiple levels, the highest point value will be awarded when the skill is at the same time and in the same phrase.</i>				
GROUP RUNNING TUMBLING	STANDARD (1 pts. max) <input type="checkbox"/> Running Back Handsprings <input type="checkbox"/> Round Off Tuck SUPERIOR (3 pts. max) <input type="checkbox"/> Running Handspring(s) into Tucks <input type="checkbox"/> Running Handspring(s) into Layouts <input type="checkbox"/> Cartwheel into Tucks ELITE (5 pts. max) <input type="checkbox"/> Running Tumbling into Fulls <input type="checkbox"/> Cartwheel into Fulls	5	➤ <i>Notes</i> <input type="checkbox"/> Proper Technique and Form <input type="checkbox"/> Synchronization		
	STANDARD (1 pt. max) <input type="checkbox"/> Standing Back Handsprings <input type="checkbox"/> Standing Tumbling into Tucks SUPERIOR (3 pts. max) <input type="checkbox"/> Standing Tucks <input type="checkbox"/> Standing Tumbling into Layouts ELITE (5 pts. max) <input type="checkbox"/> Standing Tumbling into Fulls	5		5	15
DANCE	<input type="checkbox"/> Level Change and Two or More Formations <input type="checkbox"/> Change of Pace <input type="checkbox"/> Creativity	4	➤ <i>Notes</i> <input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Sharpness <input type="checkbox"/> Body placement		
	All categories are based on MAJORITY (majority = half (50%) or more of the team)  Total # of Team Members			3	7
Judge's Signature					
Tabulator's Signature			SUB SCORE		