

# HSP JUMPS, TUMBLING & DANCE - All Girl/Co-Ed Show Category

LEVEL: Beginning Intermediate Advanced

STUDIO/GYM \_\_\_\_\_ CLASS: Tiny Mini Junior Senior Elite Adult Adaptive

		Difficulty	Execution	TOTALS	
<b>JUMPS</b>	<b>BEGINNING (1 pt.)</b> <input type="checkbox"/> Single Jump <b>INTERMEDIATE (2 pts.)</b> <input type="checkbox"/> Double Toe Touch <b>ADVANCED (3 pts.)</b> <input type="checkbox"/> Two Consecutive with Variety <input type="checkbox"/> Three Consecutive of the Same	<b>3</b>	➤ <i>Notes</i> <input type="checkbox"/> Proper Technique, Form and Height  <input type="checkbox"/> Synchronization	<b>5</b>	<b>8</b>
	*Must do Standing AND Running Tumbling to get your difficulty max.				
<b>RUNNING TUMBLING</b>	<b>BEGINNING (1 pts. max)</b> <input type="checkbox"/> Round Off Series <input type="checkbox"/> Walkover Series <b>INTERMEDIATE (3 pts. max)</b> <input type="checkbox"/> Running Back Handspring <input type="checkbox"/> Running Multiple Back Handsprings <b>ADVANCED (5 pts. max)</b> <input type="checkbox"/> Round Off Tuck <input type="checkbox"/> Running Tumbling into Tucks <input type="checkbox"/> Running Tumbling into Layouts <input type="checkbox"/> Running Tumbling into Fulls	<b>5</b>	All categories are based on <b>MAJORITY</b> (majority = half (50%) or more of the team)  <b>Total Team Members =</b>  <b>Majority =</b>  <b>Group Stunts =</b>  <b>Single Base Stunts =</b>		
	<b>BEGINNING (1 pt. max)</b> <input type="checkbox"/> Cartwheels <input type="checkbox"/> Walkovers <b>INTERMEDIATE (3 pts. max)</b> <input type="checkbox"/> Back Handsprings <b>ADVANCED (5 pts. max)</b> <input type="checkbox"/> Side Aerial <input type="checkbox"/> Tuck <input type="checkbox"/> Handsprings into Tuck <input type="checkbox"/> Handsprings into Layouts <input type="checkbox"/> Handsprings into Fulls	<b>5</b>	➤ <i>Notes</i> <input type="checkbox"/> Proper Technique and Form  <input type="checkbox"/> Synchronization	<b>5</b>	<b>15</b>
<b>DANCE</b>	<input type="checkbox"/> Level and Two or More Formation Changes <input type="checkbox"/> Change of Pace <input type="checkbox"/> Creativity	<b>4</b>	➤ <i>Notes</i> <input type="checkbox"/> Synchronization <input type="checkbox"/> Technique <input type="checkbox"/> Sharpness <input type="checkbox"/> Body placement	<b>3</b>	<b>7</b>
	*See GENERAL RULES for SHOWCASING information.				
				<b>SUBTOTAL</b>	
Judge's Signature			<b>Showcasing Deduction</b>		
Tabulator's Signature			<b>SUB SCORE</b>		