## 2023 MODIFIED JUMPS, TUMBLING & DANCE - All Girl/Co-Ed Show Category Prevised 9/22©



SCHOOL \_\_\_\_\_ CLASS: 1A & 2A

Difficulty			Execution		TOTALS
JUMPS	STANDARD (1 pt.)  Single Toe Touch  SUPERIOR (2 pts.)  Double Toe Touch  ELITE (3 pts.)  Two Consecutive with Variety  Three Consecutive of the Same	3	<ul> <li>Notes</li> <li>Proper</li> <li>Technique, Form</li> <li>and Height</li> <li>Synchronization</li> </ul>	5	8
*Must do Standing AND Running Tumbling to get your difficulty max. **If you have skills from multiple levels, the highest point value will be awarded when the skill is at the same time and in the same phrase.					
GROUP STANDING TUMBLING TUMBLING	STANDARD (1 pts. max)  Running Cartwheel Running Back Handspring Roundoff  SUPERIOR (3 pts. max) Running Handspring(s) into Tuck Running Handspring(s) into Layout Cartwheel into Tuck Roundoff Tuck  ELITE (5 pts. max) Running Tumbling into Full Cartwheel into Full STANDARD (1 pt. max) Back Walkover Front Walkover Standing Cartwheel  SUPERIOR (3 pts. max) Standing Back Handspring Standing Tumbling into Tuck Standing Tumbling into Tuck	5	➤ Notes □ Proper Technique and Form □ Synchronization		
	ELITE (5 pts. max) ☐ Standing Tumbling into Full	5		5	15
DANCE	☐ Level Change and Two or More Formations ☐ Change of Pace ☐ Creativity  All categories are based on MAJORITY (majority = half (50%) or more of the team)	4	<ul><li>Notes</li><li>□ Synchronization</li><li>□ Technique</li><li>□ Sharpness</li></ul>		
	Total # of Team Members		☐ Body placement	3	7
Judge's Signature					
Tabulator's Signature		SUB SCORE			